

Paediatric Formulary Pathway

Formulary Choices

Equivalents – Non formulary

Step 1 – Regular **very low dose** inhaled steroid

^{\$\$}Clenil MDI 50mcg 2 Puffs BD (£2.22)

*Easyhaler budesonide 100 1 puff BD (£2.65)

**Budesonide (Pulmicort) turbohaler DPI

100mcg 1 puff BD (£3.55)

[§]Flixotide MDI evohaler 50mcg 1 puff BD (£2.72)

**Flixotide Accuhaler DPI 50mcg 1 puff BD (£6.38)

Step 2 – Add regular long acting beta agonist (LABA) or montelukast for <5s

Swap to **Seretide Evohaler MDI 50 1 puff BD (£9.00)

*Symbicort turbohaler DPI 100/6 1 puff BD (£16.50)

Add **Serevent Evohaler MDI 2 puffs BD (£29.26)
Or *Easyhaler formoterol 2 puffs BD (£23.75)

Step 3 – Increase to **low dose** inhaled steroid

**Seretide Evohaler MDI 50/25 2 puffs BD (£18)

**Seretide Accuhaler DPI DPI 100/50 1 puff BD (£18.00)

*Symbicort turbohaler DPI 100/6 2 puffs BD (£33.00)

**Pulmicort Turbohaler DPI 100mcg 2 puffs BD (£7.10) + LABA

[¥]Flutiform 50 MDI 2 puffs BD (£14.40)

^{\$\$}Clenil MDI 100mcg 2 puffs BD (£4.45) + LABA

*Easyhaler budesonide DPI 100 2 puffs BD (£5.32) + LABA

Step 4 – Trial of Montelukast 4mg daily

Step 5 – Refer for review before increasing to **medium dose** inhaled steroid

[¥]Flutiform 125 MDI 2 puffs BD (£28.00)

[¥]Seretide Evohaler MDI 125/25 2 puffs BD (£35.00)

[¥]Symbicort turbohaler DPI 200/6 2 puffs BD (£38.00)

[¥]Pulmicort Turbohaler DPI 200mcg 2 puffs BD (£14.20) + LABA

[¥]Clenil 200mcg MDI 2 puffs BD (£9.70) + LABA

* Easyhaler budesonide DPI 200 2 puffs BD (£10.62) + LABA

Reliever as required – consider stepping up if using 3 doses or more a week

Salbutamol MDI 2 puffs as required (£1.50) , Salamol Easi-Breathe MDI (£6.30)

Note Seretide (fluticasone) is 'double strength' compared to standard Beclometasone. DPI – Dry powder inhaler, MDI – Metered dose inhaler

[¥] Licensed from age 12, *Licensed from age 6. **Licensed from age 5, [§] Licensed from age 4, ^{\$\$}Licensed from age 2.

