















NHS Dumfries and Galloway Guide to inhalers: Formulary inhaled therapies for Asthma and COPD.

LABAs (Long acting Beta₂agonist)			
Formoterol 12 micrograms (Easyhaler ® formoterol) 	Licensed in asthma (with regular corticosteroid) and COPD Formulary Minimum Inspiratory Flow Rate (min IFR) =28L/min	120 dose unit, (1 or 2 puffs twice daily)	£23.75
Salmeterol (Serevent® Evohaler® 25 micrograms) 	Licensed in asthma (with regular corticosteroid) and COPD Formulary for MDI only. min IFR=30L/min	120 dose Evohaler, (2 puffs twice daily)	£29.26
LABA/Steroid combinations			
Beclometasone/ formoterol 100/6 and 200/6 (Fostair ® NEXThaler ® and MDI) 	Formulary; Licensed for 18 years plus Both devices licensed for Asthma (and fMART) and COPD , 200/6 dose only licensed for asthma MDI min IFR= 30L/min 5 months in-use shelf life Nexthaler (dry powder inhaler) 6 months in-use shelf life. min IFR= 35L/min	120 doses (1 -2 puffs twice daily)	£29.32
Fluticasone furoate 92microgram /vilanterol 22mcg Relvar ® Ellipta ® ▼ 	Formulary: COPD only Licensed for adults (and in children over 12 years for asthma) 92micrograms fluticasone furoate equivalent to propionate 250micrograms (medium dose) Shelf life after opening: 6 weeks min IFR 43L/min	30 doses (One inhalation daily)	£22.00
Fluticasone / Formoterol (Flutiform ® MDI) ▼ 	Formulary ; Licensed for asthma for 12 years plus (50/5, 125/5) and (non-formulary) 18 years plus (250/5) min IFR= 30L/min	120 doses (2 p bd) 50/5 125/5 250/5 (non-formulary)	£14.40 £28.00 £45.56
Fluticasone / Salmeterol (Seretide Evohaler®) 	Formulary for Seretide 50 MDI for 5 years plus for Asthma only min IFR= 30L/min	120 dose Evohaler (2p bd) 50/25	£18.00
Budesonide and formoterol fumarate Dry powder inhaler (Duosp ® Spiromax ®) ▼ 	Formulary for Asthma (and MART) and COPD; Licensed in 18 years plus 6 months in-use shelf life min IFR= 40L/min	160/4.5, 120 doses (equivalent to 200/6)	£29.97
		320/9, 60 doses (equivalent to 400/12)	£29.97

LAMAs (Long acting anti-muscarinics)			
Tiotropium (Spiriva® Respimat® 2.5micrograms  Or Braltus® Zonda® 10micrograms 	COPD Licensed in 18 years plus 3 months in-use shelf life. Inspiratory flow not required to generate an aerosol for Respimat min IFR 20L/min for Zonda Licensed in 18 years plus. 3 months in-use shelf life	60 dose Respimat (Two puffs daily)	£23.00
		30 dose pack	£25.80
Umeclidinium ▼ (Incruse® Ellipta® 55micrograms 	COPD Licensed in 18 years plus min IFR 43L/min	30 dose unit (One inhalation daily)	£27.50
Aclidinium ▼ (Eklira® Genuair® 375 micrograms) 	COPD min IFR =45L/min	60 dose unit, (One inhalation twice daily)	£28.60
LABA/LAMA			
Olodaterol/tiotropium(Spiolto® Respimat®) ▼ 	COPD Use with caution in patients with narrow-angle glaucoma, prostatic hyperplasia or bladder-neck obstruction	30 dose pack (60 puffs, Two puffs daily)	£32.50
Anoro® Ellipta® ▼ (Umeclidinium 55micrograms and Vilanterol 22micrograms) 	COPD Licensed in 18 years plus min IFR 43L/min	30 dose unit (One inhalation daily)	£32.50
Formoterol/ Aclidinium ▼ (Duaklir® Genuair®) 	COPD min IFR =45L/min	60 doses (1 puff twice daily)	£32.50